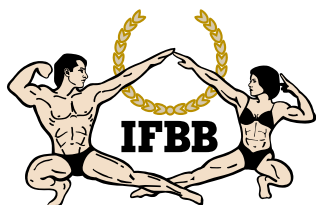


**13 IFBB ELITE
PRO CARDS**

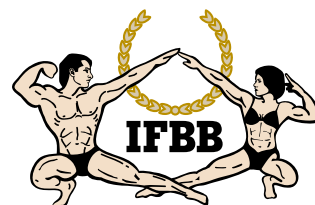
DIAMOND CUP ROME 2018

INSPECTION REPORT

**NOVEMBER 3-4, 2018
ROME | ITALY**



INTERNATIONAL FEDERATION OF BODYBUILDING & FITNESS



INTERNATIONAL FEDERATION OF BODYBUILDING & FITNESS



NOVEMBER 3-4, 2018
PARK MARRIOTT HOTEL | ROME, ITALY



CATEGORIES

MEN'S CLASSIC BODYBUILDING **2 PRO CARD FOR OVERALL**

WOMEN'S BODYFITNESS **2 PRO CARD FOR OVERALL**

MEN'S BODYBUILDING **2 PRO CARD FOR OVERALL**

WOMEN'S BIKINI-FITNESS **2 PRO CARD FOR OVERALL**

MEN'S PHYSIQUE **2 PRO CARD FOR OVERALL**

WOMEN'S PHYSIQUE **1 PRO CARD FOR OVERALL**

CLASSIC PHYSIQUE **1 PRO CARD FOR OVERALL**

WOMEN'S WELLNESS FITNESS **1 PRO CARD FOR OVERALL**



WELCOME

The **DIAMOND CUP ROME** will be held in Rome at the beginning of November 2018

All athletes from all EBFF-affiliated national federations are eligible to compete in the **DIAMOND CUP ROME**.



LOCATION

The **DIAMOND CUP ROME** will be held in ROME, the capital city of Italy.

Rome, with 4,3 million residents, is often referred to be THE ETERNAL CITY and is one of the most beautiful cities in the world with unique and unforgettable atmosphere.



VENUE

With a total area of 11,000 square meters, comprising 40 modular meeting rooms on three levels, the **Rome Marriott Park Hotel** - one of the largest congress centers in Europe - is the ideal venue for exhibitions, congresses, conferences and business meetings. The **Rome Marriott Park Hotel** has a total of 601 LUXURY rooms and suites in classic Italian style. An exclusive panoramic space on the sixth floor, hosting banquets and receptions up to 800 people; the surrounding Mediterranean park finally becomes the perfect place for outdoor gatherings.



HOW TO GET THERE

Rome Marriott Park Hotel is 10 minutes from Fiumicino Airport and 14 km from Rome city center.

It is set in the heart of a lush 7-hectare Mediterranean park in a dominant position, offering a picturesque landscape of hills surrounding the Eternal City. It is easily reachable by the G.R.A. and for those who travel by plane with **the shuttles organized by the Park Marriott Hotel to/from the airport** and to and from the center of Rome. For guests arriving by car, we offer a paid guarded parking.



For reservation, please contact Park Marriott Hotel – mhrs.romau.reservations@marriott-hotels.com
Reservation code: **DIAMOND CUP ROME**



PARTICIPATION & REGISTRATION

THE COMPETITION IS OPEN FOR THE EBFF-AFFILIATED NATIONAL FEDERATIONS.
PARTICIPATION OF ATHLETES IS UNLIMITED.

THE OFFICIAL ATHLETES REGISTRATION WILL BE SATURDAY 3 NOVEMBER 2018.

Official Athlete Registration will be conducted on **Saturday the 3rd November 2018** between **10 am to 8 pm** in **SALA BRAMANTE, ROME PARK MARRIOTT HOTEL**, Via Colonello Tommaso Masala 54, Rome.

Registration of athletes will only be considered if they are entered by the National Federation of the athlete by sending the Final Entry Form via email directly to the IFBB Technical Committee (amichalak5@gmail.com), copy to the IFBB Head Office in Madrid (info@ifbb.com) and to the Organizing Committee: bottomondello@gmail.com with passport-sized photos for accreditation!

All athletes will have to produce their Passports or Identity Cards and IFBB International Cards at the Official Registration.

Any athlete who has not yet obtained the IFBB International Card or need to renew his/her Card will have to do it at the Registration. **IFBB International Cards** are **€ 30** per year and it's mandatory.

All posing music with 60 seconds for bodybuilding and 60 seconds for women's physique competitors must be on an audio CD or USB disc only. The posing music must be the only track on CD or USB disc. Each competitor must affix his name on the CD for an easy identification. The use of profane, vulgar and offensive language is strictly prohibited in the posing music.

Please be aware that it is **FULL RESPONSIBILITY AND OBLIGATION OF THE NATIONAL FEDERATION** to verify if each one of the athletes to be registered on this international event are **NOT** suspended or fulfilling any period of ineligibility due to Anti-Doping Rule Violation or any disciplinary case at national or international level. Be also aware that if any athlete from your National Federation register and compete being suspended due to an Anti-Doping Rule Violation, both the athlete and the National Federation will be subject to sanctions according to the World Anti-Doping Code, the IFBB Anti-Doping Rules and the IFBB Constitution and Rules.

It is also the **FULL OBLIGATION AND RESPONSIBILITY** of your National Federation to **MONITOR ALL THE ATHLETES** from your country affiliated to your National Federation who are actually fulfilling a period of ineligibility due to Anti-Doping Rule Violation or any Disciplinary case, to make sure these athletes **WILL NOT REGISTER/COMPETE/OR PARTICIPATE IN ANY CAPACITY** in any event either at National or International level, Official or Invitational.



PARTICIPATION & REGISTRATION

REGISTRATION FEE

The IFBB registration fees are as follows:

Registration fee for each Category is € 200. For juniors and masters wishing to compete in the second (open) category the **additional fee of € 100** will be charged.

Fees have to be paid in advance by credit/debit card or PayPal at IFBB webpage:

<http://www.ifbb.com/competition-registration>

for your best comfort and convenience. Please add your name during online payment and bring a copy of your payment confirmation to the registration. **If paying at the Registration an extra fee of € 50 per participant will be charged.**

VISA

It is National Federations responsibility to obtain an entry visa for the country organizing the championship. All National Federations could ask for an Invitation Letter either to the Championship Organizer or IFBB. The invitation letter does not mean you are granted your visa. IFBB and Championship organizer are not responsible of attendants visas.

To receive invitation letter, the applicant should forward to the IFBB or Championship organizer a copy (scan) of his/her passport. If the visa is not granted, the Cancellation Policies for the championship will still apply.

An athlete, included in an official National Federation Team, who requested and received an invitation from the IFBB Head Office or the Organizing Committee of an IFBB sanctioned event for visa purposes and uses that visa to unlawfully stay in the host country or any other country, will be subjected to the disciplinary proceedings and measures.

The relevant National Federation is responsible to carefully control the proper, legal use of the visa by its athlete and it will be subjected to a fine and/or a suspension, in case of any misuse and/or unlawful utilization of the same visa.

Citizens of over 60 countries also don't need a visa. Detailed information at:

<https://www.schengenvisainfo.com/italy-visa/>



GENERAL SCHEDULE

Registration / Accreditation will take place between 10 am and 8 pm on Saturday, November 3rd in SALA BRAMANTE n° 10 - ROME PARK HOTEL MARRIOT.

The Competition will take place on Sunday the 4th November 2018 starting from 9 am in SALA MICHELANGELO - ROME PARK HOTEL MARRIOT.



JUDGES

To be taken into consideration during selection of judges panels at the competition, IFBB International Judges must be included in the Final Entry Forms sent by National federations, according to the IFBB Rules. For more information, please contact **Mr. Pawel Filleborn**, Chairman of the IFBB Judges Committee, under address: pawelfilleborn@gmail.com

All international judges and test-judges must bring their International Judge's Cards to Prague. IFBB International Judges must have a valid IFBB Judge's Card with the IFBB yearly judges fee of € 50 paid for 2018.

All judges and test judges must be present at the Team Managers and Judges Meeting. Any judge absents at this Meeting, will not be allowed to judge at these Championships. If any of the above conditions hasn't been met, judges will be unable to carry out their duties.

Judges Meeting and Team Managers will take place at 5 pm on Saturday, November 3, in Sala Bramante n°12 – ROME PARK HOTEL MARRIOT.



IMPORTANT INFORMATION

All the costs for travel, hotel accommodations, local transportation including airport transfers, as well as board (meals) are the responsibilities of the National Federations or individual athletes. Check with your National Federation for more information.

CURRENCY: EURO

ELECTRIC CURRENT: 220 V, Plugs and sockets of type L

TANNING: IFBB has banned all tans that can be wiped off. An official will check athlete's tan backstage and if the tan comes off by simple wiping, the athlete will be told to remove the tan before going on stage.

BACKSTAGE ACCESS

Access to the **backstage** and/or dressing room areas shall be strictly limited to essential personnel only through appropriate registration **BY PAYMENT OF € 30 EACH PERSON.**

CAMERA/VIDEO EQUIPMENT

Camera and/or video recording equipment shall be strictly prohibited in the backstage and/or dressing room areas except when used by authorized media representatives, and in any event, these devices shall be strictly prohibited in dressing room areas.

POSING MUSIC

All posing music with **60 seconds for bodybuilding** competitors and **60 seconds for women's physique** competitors must be on an audio CD or USB disc only. The posing music must be the only track on CD or USB disc. Each competitor must affix his name on the CD for an easy identification. The use of profane, vulgar and offensive language is strictly prohibited in the posing music .

PRESS ACCREDITATION

All media accreditation, accept local media, shall be controlled by the IFBB. Any media representatives that wish to obtain press accreditation for this event must register by sending an e-mail to bettomondello@gmail.com before **October 22th, 2018.**



ENTRY FORM CONTACT DETAILS

WE STRONGLY ENCOURAGE YOU TO REGISTER EARLY THROUGH YOUR NATIONAL FEDERATIONS

All Final Entry Forms should be sent no later than October 22th, 2018 to:

IFBB TECHNICAL COMMITTEE: Andrew Michalak – amichalak5@gmail.com

IFBB HEAD OFFICE: Ms. Diana Mozos – info@ifbb.com

BENEDETTO MONDELLO: bottomondello@gmail.com

At the **DIAMOND CUP ROME** only athletes who are approved and registered by their IFBB-affiliated National Federations will be allowed to compete. Entries should be made through National Federations. National Federations from all over the world are allowed to participate in these championships.





CATEGORIES

1	MEN'S BODYBUILDING	UP TO & INCL.	80 KG
2	MEN'S BODYBUILDING	UP TO & INCL.	90 KG
3	MEN'S BODYBUILDING	UP TO & INCL.	100 KG
4	MEN'S BODYBUILDING	OVER	100 KG
5	MEN'S BODYBUILDING MASTER 40-49 YRS	ONE OPEN CATEGORY	
6	MEN'S BODYBUILDING MASTER OVER 50 YRS	ONE OPEN CATEGORY	
7	MEN'S CLASSIC BODYBUILDING	UP TO & INCL.	175 CM
8	MEN'S CLASSIC BODYBUILDING	UP TO & INCL.	180 CM
9	MEN'S CLASSIC BODYBUILDING	OVER	180 CM
10	MEN'S PHYSIQUE	UP TO & INCL.	173 CM
11	MEN'S PHYSIQUE	UP TO & INCL.	179 CM
12	MEN'S PHYSIQUE	UP TO & INCL.	182 CM
13	MEN'S PHYSIQUE	OVER	182 CM
14	MEN'S PHYSIQUE JUNIOR 16-23 YRS	ONE OPEN CATEGORY	
15	MEN'S PHYSIQUE MASTER OVER 40 YRS	ONE OPEN CATEGORY	
16	MUSCULAR MEN'S PHYSIQUE	ONE OPEN CATEGORY	
17	CLASSIC PHYSIQUE	ONE OPEN CATEGORY	
18	WOMEN'S PHYSIQUE	ONE OPEN CATEGORY	
19	WOMEN'S WELLNESS FITNESS	ONE OPEN CATEGORY	
20	WOMEN'S BIKINI FITNESS	UP TO & INCL.	158 CM
21	WOMEN'S BIKINI FITNESS	UP TO & INCL.	164 CM
22	WOMEN'S BIKINI FITNESS	UP TO & INCL.	169 CM
23	WOMEN'S BIKINI FITNESS	OVER	169 CM
24	WOMEN'S BIKINI FITNESS JUNIOR 16-23 YRS	ONE OPEN CATEGORY	
25	WOMEN'S BIKINI FITNESS MASTER OVER 35 YRS	ONE OPEN CATEGORY	
26	WOMEN'S BODYFITNESS	UP TO & INCL.	163 CM
27	WOMEN'S BODYFITNESS	OVER	163 CM
28	WOMEN'S BODYFITNESS MASTER OVER 35 YRS	ONE OPEN CATEGORY	



BODY WEIGHT LIMITS

CLASSIC PHYSIQUE BODY WEIGHT LIMITS


Up to & incl. 168 cm	4 kg
Up to & incl. 171 cm	6 kg
Up to & incl. 175 cm	8 kg
Up to & incl. 180 cm	11 kg
Up to & incl. 190 cm	13 kg
Up to & incl. 198 cm	15 kg
Over 198 cm	17 kg

MEN'S CLASSIC BODY BUILDING

Up to & incl. 168 cm	0 kg
Up to & incl. 171 cm	2 kg
Up to & incl. 175 cm	4 kg
Up to & incl. 180 cm	7 kg
Up to & incl. 190 cm	9 kg
Up to & incl. 198 cm	11 kg
Over 198 cm	13 kg

TENTATIVE SCHEDULE RUNNING ORDER

STARTING TIME 9 AM

MEN'S CLASSIC BODYBUILDING	175 - 180 - over 180 cm
OVERALL MEN'S CLASSIC BODYBUILDING	2 PRO CARDS
BODY FITNESS	MASTER - 163 - over 163 cm
OVERALL BODY FITNESS	2 PRO CARDS
BODY BUILDING	MASTER 40-49 - MASTER over 50 - 80 - 90 - 100 - over 100 kg
OVERALL BODY BUILDING	2 PRO CARDS
 WORLD CHAMPIONSHIP ELITE PRO	CLASSIC PHYSIQUE CASH PRIZE MONEY 15.000 €
WOMEN'S PHYSIQUE	1 PRO CARD
BIKINI	JUNIOR - MASTER - 158 . 164 - 169 - over 169 cm
OVERALL BIKINI	2 PRO CARDS
MEN'S PHYSIQUE	JUNIOR - MASTER - 173 - 176 - 182 - OVER 182 cm - MUSCULAR
OVERALL MEN'S PHYSIQUE	2 PRO CARD
WELLNESS	1 PRO CARD
CLASSIC PHYSIQUE	1 PRO CARD



IMPORTANT NOTES

ALL THE COSTS FOR TRAVEL, HOTEL ACCOMMODATIONS AND MEALS, AS WELL AS LOCAL TRANSPORTATIONS INCLUDING TRANSFERS FROM AND TO THE AIRPORT) MUST BE COVERED BY THE NATIONAL FEDERATIONS AND/OR ATHLETES THEMSELVES. NEITHER THE PROMOTER, ITS ORGANIZING COMMITTEE, NOR THE IFBB WILL BE RESPONSIBLE FOR ANY RESERVATION OR PAYMENT FOR THE HOTEL ACCOMMODATIONS, LOGISTICAL ARRANGEMENTS, MEALS, OR ANY OTHER COSTS TO BE BORN BY THE EVENT'S PARTICIPANTS.

The IFBB ITALIA PROMOTER of the **DIAMOND CUP ROME** event in ROME, ITALY, will not accept any direct registration from athletes, as these must be processed by their respective national IFBB federations.

Final Entry Forms from athletes will only be considered if they are sent by the National Federation of the athlete and directly to IFBB Head office in Madrid and IFBB Technical commission. The final decision to allow an athlete to compete in this event rests with the IFBB.

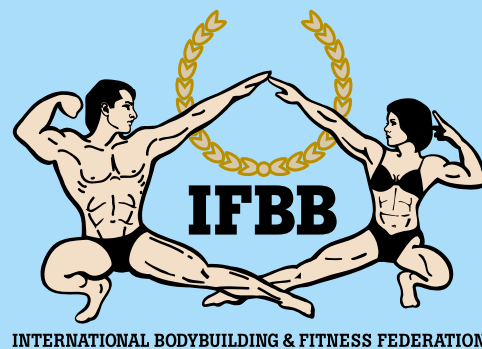
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Fees have to be paid in advance by credit/debit card or PayPal at IFBB webpage

<http://www.ifbb.com/competition-registration>

for your best comfort and convenience. Please add your name during online payment and bring a copy of your payment confirmation to the registration. **If paying at the Registration an extra fee of € 50 per participant will be charged.**

Bring copy of your payment confirmation to the registration.



IFBB ELITE PRO EVENT IFBB ELITE PRO QUALIFIER

IMPORTANT NOTES

**13 IFBB ELITE
PRO CARDS**

**PLEASE SEND ENTRY FORM BY
OCTOBER 22, 2018** (Preferably by email)
TO:

IFBB Technical commission

Mr. ANDREW MICHALAK

amichalak5@gmail.com

PLEASE SEND A COPY TO:

International Federation of Bodybuilding
and Fitness

MS. DIANA MOZOS

info@ifbb.com

2 PRO CARD FOR OVERALL

MEN'S CLASSIC BODY BUILDING

2 PRO CARD FOR OVERALL

MEN'S BODY BUILDING

2 PRO CARD FOR OVERALL

MEN'S PHYSIQUE

1 PRO CARD FOR OVERALL

CLASSIC PHYSIQUE

2 PRO CARD FOR OVERALL

WOMEN'S BIKINI-FITNESS

1 PRO CARD FOR OVERALL

WOMEN'S PHYSIQUE

2 PRO CARD FOR OVERALL

WOMEN'S BODY FITNESS

1 PRO CARD FOR OVERALL

WOMEN'S WELLNESS

PLEASE SEND A COPY WITH PHOTO TO:

Mr. Mondello Benedetto

bottomondello@gmail.com



OFFICIAL TANNING SERVICE

PRICES

120 € for a full service pre booked online

70 € booking fee

50 € in Rome (cash)

Booking online **120 €**, onsite at the show **150 €**

www.onsitetan.com

info@onsitetan.com

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