



## **IFBB WORLD CHILDREN FITNESS CHAMPIONSHIPS**

# **INSPECTION REPORT**



**Novi Sad, SERBIA**

**JUN 15. -17. 2013**

## **WELCOME**

The Organizing Committee of the SERBIAN FEDERATION OF BODY BUILDING, BODYFITNESS, FITNESS AND AEROBIC - SSBBFA) extend a warm welcome to all IFBB National Federations to participate in the IFBB World Children Championship in Novi Sad , Jun 15.-17. 2013.

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## ABOUT NOVI SAD

**NOVI SAD combines...**  
**historical, business, nature and culture**



## Where are we?

Novi Sad is located in the southern part of Europe, in Serbia, between the 19th and 20th degree of the east longitude and 45th and 46th degree of the north latitude. It lies in the southern part of the Pannonian valley, mainly in Southern Backa, at the altitude of 72 to 80 m. Novi Sad lies on the left bank of the river Danube, namely on the 1255th km of its flow and on the mouth of one of the magistral Danube

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## The Novi Sad

The number of tourists started to increase since the year 2000, when Serbia started to open to Western Europe and the United States. Every year, in the beginning of July, during the annual EXIT music festival, the city is full of young people from all around Europe. In 2005, 150,000 people visited this festival, which put Novi Sad on the map of summer festivals in Europe. Besides EXIT festival, Novi Sad Fair attract many business people into the city; in May, the city is home to the biggest agricultural show in the region, which 600,000 people visited in 2005.<sup>[23]</sup> There is also a tourist port near Varadin Bridge in the city centre welcoming various river cruise vessels from across Europe who cruises on Danube river.



### TOURISM ON THE NOVI SAD

The most recognized structure in Novi Sad is Petrovaradin fortress, which dominates the city and with scenic views of the city. Besides the fortress, there is also historic neighborhood of Stari Grad, with many monuments, museums, cafes, restaurants and shops. There is also a National Park of Fruška Gora nearby, approx. 20 km from city centre.

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## **OFFICIAL HOTEL**

**Hotel NOVI SAD**

Bulevar Jaše Tomića bb, 21000 Novi Sad, Serbia



Hotel "Novi Sad" is a three-star hotel, ideally located near the central bus and railway station in the urban part of town. Being surrounded by the boulevards, hotel "Novi Sad" has a location that provides easy access to city center, Novi Sad fair, sports and business center Vojvodina (SPENS), cultural-historical monument Petrovaradin fortress and other city attractions. Not only favourable location, but also exceptional service, makes hotel "Novi Sad" one of the most attractive hotels in Novi Sad.

Object has 112 well equipped rooms on its disposal with capacity of 244 beds: 53 twin rooms, 20 triple rooms, 30 double rooms (rooms with French beds), 8 suits and 1 De luxe suit.

Hotel offer is completed with restaurant which has the capacity of 250 seats, terrace, saloon, aperitive bar, sauna, casino and discotheque. Parking place has 24 hour security and video surveillance.

Hotel "Novi Sad" accepts most major credit card: Visa, Dinners, Mastercard, Maestro, American Express.

#### IMPORTANT NOTICE

Only the Organizing Committee is authorized to arrange hotel reservations (including accommodations before the Official Arrival Date of Saturday, Jun, 15. 2013 and/or after the Official Departure Date of Monday, Jun 17. 2013) for all Official Participants (Athletes and Delegates) and extra delegates.

## ACCOMMODATIONS

The Organizing Committee will provide free-of-charge accommodations and three meals per day for all A-Team Athletes and Delegates pursuant to the following IFBB rules:

Three (3) or more competitors = two (2) delegates

Two (2) competitor or less = one (1) delegate

National Federations with no athlete(s) may send one (1) official delegate; however, this delegate will be responsible for all of his or her own expenses.

All Athletes and Delegates will be accommodated in double rooms (two persons per room) and triple rooms (three persons per room).

The Official Arrival Date is Saturday, **Jun 15. 2013.**

The Official Departure Date is Monday, **Jun 17. 2013.**

#### IMPORTANT NOTICE

All National Team Official Participants (Athletes and Delegates) must check-in BEFORE the start of the Registration; by Saturday, **Jun 15. 2013**, 6:00pm. Any Official Participant not checked-in by this deadline will be classified as an "extra delegate" and will be responsible for all of his or her expenses.

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Any judge, coach, or trainer who is not an Official Participant will be responsible for all of his or her own expenses. If your National Federation wishes to bring a judge, coach, or trainer, it is recommended that your Federation select this individual to be an Official Participant (e.g. delegate) for your Federation; otherwise, these individuals will be responsible for all of their own expenses. The same rule applies to all family members. **NO EXCEPTIONS WILL BE MADE UNDER ANY CIRCUMSTANCES.**

## SPECIAL & GROUP PACKAGES

### SPECIAL PACKAGE RATES FOR EXTRA DELEGATES, SUPPORTERS, MEDIA AND OTHERS:

The Organizing Committee has established a **Full Special Package Rate**, which includes two (2) nights' accommodations with three (3) meals per day (breakfast, lunch and dinner), tickets to the Prejudging and Finals, tickets to the Farewell Banquet, and onsite transportation\* at a cost of **EURO €200 per person in a double-bedded room or EURO €250 for a single-bedded standard room.**

The Organizer has also established a **Partial Special Package Rate**, which includes tickets to the Prejudging and Finals, tickets to the Farewell Banquet, and onsite transportation\* at a cost of **€100.**

Package for **B-Team Competitors** is **€200** (which includes participation fee of €50 and transportation to and from the venue site).

*Onsite transportation\* - limited to transportation between the official airport and official hotel upon arrival and departure; between the competition venue site and official hotel for the Prejudging and Finals.*

## VENUE SITE:

### SNP – Srpsko Narodno Pozoriste

28<sup>th</sup> May 1861, the session of the Serbian Reading Room in Novi Sad, which was chaired by Svetozar Miletic, established the first professional theater named Serbian National Theatre. In 1981 the theater got a new building. It is a white marble building in the center of Novi Sad, at the Theatre Square, spreads over 20 000 square meters and has the largest theater scene in Serbia and Montenegro. It has three scenes, great scene »Jovan Djordjevic" with 940 seats, small stage "Pera Dobrinović" with 373 seats and the Chamber Stage. It is equipped with a test rooms for chorus and orchestra, ballet hall and a large number of stage and technical workshops. The semifinals and finals will take place in the great scene "Jovan Djordjevic" .







Great scene “Jovan Djodjevic”

## OFFICIAL AIRPORT



### NIKOLA TESLA BELGRADE AIRPORT

100 km from Novi Sad

Phone number: +381 (0)11 209 4444

Please be advised that the OFFICIAL AIRPORT of the European Bodybuilding & Classic Bodybuilding Championships in Novi Sad, (Serbia) will be the Nikola Tesla Airport, Belgrade.

The organizer will arrange for those National Delegations arriving to the Nikola Tesla Airport, Belgrade. A special Shuttle Bus with following conditions.

The collecting point will be at the terminal at – to be advised.

The prize per person will be **€40** (airport-hotel-airport)

The dead line of booking will be 10 days prior the championships.

Without the confirmation of the organizer no person or official participant will be able to use this shuttle. Please make sure that you have received the booking confirmation.

"Please notify the Organizing Committee of the details of your arrival time **by Jun 01. 2013** so that suitable transportation can be arranged for your National Team members.

**IF YOU DO NOT COOPERATE BY PROVIDING THE ORGANIZING COMMITTEE WITH THE DETAILS OF YOUR ARRIVAL, YOU MAY NOT BE TRANSPORTED IN A TIMELY MANNER FROM THE NIKOLA TESLA AIRPORT BELGRADE TO HOTEL NOVI SAD.**

## **EARLY ARRIVALS/LATE DEPARTURES**

The Official Arrival Date is Saturday, **Jun 15. 2013.**

The Official Departure Date is Monday, **Jun 17. 2013.**

Any National Federation, including any of its individual team members, arriving before the **Official Arrival Date of Jun 15. 2013** and/or staying on after the **Official Departure Date of Jun 17. 2013** will be responsible for all of their own expenses, including arranging their own transportation between the airport and the hotel.

### **IMPORTANT NOTICE**

Please contact the Organizing Committee **NO LATER THAN June 3<sup>rd</sup>, 2013** for accommodations and other arrangements if you intend to arrive before the Official Arrival Date and/or depart after the Official Departure Date.

## **VISAS**

A valid passport is required to enter the territory of the European Union. EU-country citizens do not need a visa (only an Identity Card). All other persons should consult the Serbia Embassy or Consulate in their country to determine if they need a visa. An Official Letter of Invitation will be made available if required.

## **CATEGORIES**

**The categories that are open for competition at these Championships are:**

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## **FITNESS BOYS:**

- Up to 12 years of age
- From 13 up to the 15 years of age

## **FITNESS GIRLS:**

- Up to 7 years of age
- From 8 up to the 9 years of age
- From 10 up to the 11 years of age
- From 12 up to the 13 years of age
- From 14 up to the 15 years of age

Children compete in their own category during the whole year (until the 31<sup>st</sup> of December) in which they reach upper age limit of their category. Maximum duration of the fitness routine for all categories is 90 seconds.

**Exclusively according to regulations of fitness children!**

**Skin correction using oil or color is prohibited at the competition of children!**

**The use of bronzing cream is permitted.**

**Compulsory clothing for quarter turns: black top and black shorts without shoes!**

The rules regarding A and B teams for this event are as follows:

## **THE A-TEAM**

1. Each National Federation may enter an A-team. The maximum allowable number of competitors in the "A" team shall be equal to the total number of categories open for competition at the Championships.
2. The maximum allowable number of A-team competitors per National Federation in any one category shall not exceed two (2).
3. Pursuant to applicable IFBB rules, the Organizer shall provide free-of-charge accommodations, meals, onsite transportation, and access to the Prejudging, Finals and Farewell Banquet to all "A"-team competitors.
4. Each National Federation shall pay a Registration Fee of **€50** for each A-team competitor and delegate.
5. The A-team competitors shall compete for placements and awards, including the Best National Team award.
6. A National Federation must fully declare its A-team competitors on the Final Entry Form and must register the A-team competitors upon check-in at the official hotel, failing which any undeclared competitor shall be responsible for all of his or her expenses.

## **THE B-TEAM**

1. Each National Federation may enter a B-team according to the rules specified below. Unless otherwise noted, the maximum allowable number of competitors in the B-team shall not exceed those in the A-team; in this case, 7 competitors.
  2. Unless otherwise noted, the maximum allowable number of B-team competitors per National Federation in any one category shall not exceed two (2).
  3. The National Federation shall be obliged to pay the Full Special Package Rate of **€200** for each B-team competitor. This package shall comprise the competitor accommodations, meals, onsite transportation, and access to the Prejudging, Finals, Farewell Banquet and participation fee.
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4. The B-team competitors shall compete for placements and awards, excluding the Best National Team award.

5. A National Federation must fully declare its B-team competitors on the Final Entry Form and must register the B-team competitors upon check-in at the official hotel, failing which any undeclared competitor shall be disqualified.

## **SECRETARIAT**

During the official dates of the Championships, the Organizer will maintain a Secretariat in the Lobby of the Official Hotel.

## **HOTEL SECURITY DEPOSIT**

**No hotel deposit is required. Please inform the members of your team before departure not to create additional expenses.**

## **IFBB REGISTRATION FEE**

All Official Participants (Athlete and Delegates, including delegates without athletes) will be required to pay a **€50 for IFBB Registration Fee** upon check-in. The Chief Delegate shall be responsible for submitting full payment for the entire team during registration at the Secretariat.

## **PASSPORT/MUSIC**

All competitors must provide their PASSPORT and MUSIC at registration Saturday, Jun 15. 2013 from 7PM-9PM, failing which the competitor will not be registered. The music must be on CD, at the start of the CD. The athlete's name must be affixed on the CD for identification purposes.

## **NATIONAL ANTHEM**

All participating National Federations must bring with them a CD of their national anthem. The national anthem must be the only music on the CD.

**PLEASE BRING ONLY THE SHORT VERSION ... LESS THAN 60 SECONDS**

## **PARADE OF NATIONS**

All delegates are reminded that the dress code for the Parade of Nations is the official IFBB uniform. The dress code for all athletes taking part in the Parade of Nations is posing attire. One (1) delegate and one (1) competitor per country must take part in the Parade of Nations.

## **JUDGES**

All National Federations are reminded that their nominations for judges and test judges must be forwarded to Mr. Pawel Filleborn, Chairman, IFBB Judges Committee (+48 22 642 73 51, [p.filleborn@neostrada.pl](mailto:p.filleborn@neostrada.pl)), and IFBB Head Office in Madrid no later than May 22, 2013 (+34 91 535 0320, [internacional@santonja.com](mailto:internacional@santonja.com)).

All IFBB International Judges must be in possession of a valid Judging Card, failing which they will not be allowed to judge.

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### IMPORTANT NOTICE

Each National Federation must submit the names of its judges, including test judges, on the Final Entry Form. If you fail to submit the name of your judge(s) in advance, your nominated judge(s) will not judge or test judge at the Championships.

## JUDGES/TEAM MANAGERS MEETING

Each National Federation must ensure that its nominated judges, including test judges, and its chief official and/or team manager attends the Judges/Team Managers Meeting. If your National Federation has a competitor or competitors and no delegates, judges or other officials, a competitor must attend the meeting. **All Judges must attend the Judges/Team Managers Meeting, failing which they will not be allowed to judge.**

## MEDIA ACCREDITATION

All media accreditation, excepting Serbian National and local media, shall be controlled by the IFBB. All persons wishing to obtain media accreditation for this event must register with the IFBB by completing and signing an EBFF Media Accreditation Form, said form which must be remitted to the EBFF by e-mail at [internacional@santonja.com](mailto:internacional@santonja.com) **no later than Jun 01, 2013.**

### **EBFF MEDIA ACCREDITATION FORM**

## COMPETITOR INFORMATION FORM

This form must be completed by each competitor BEFORE the registration and must be given to the IFBB Registrar at the registration. This information is used to promote the competitor in the press, on TV, the website and other media.

### **COMPETITOR INFORMATION FORM**

## GREEN CARDS

Green cards, used to limit access to the backstage area during the Prejudging and Finals, will be distributed at the Judges/Team Managers Meeting as follows: five (5) or more competitors - two (2) green cards; less than five (5) competitors - one (1) green card

**IF A NATIONAL FEDERATION DOES NOT ATTEND THE JUDGES/TEAM MANAGERS MEETING, IT WILL NOT BE ISSUED A GREEN CARD.**

## BACKSTAGE ACCESS/DRESSING ROOM ACCESS

Pursuant to IFBB Rules, access to the backstage area and/or dressing room area is strictly limited to essential personnel only. Coaches and trainers who assist athletes in the dressing room area must be of the same sex as the athlete they are assisting.

## CAMERA/VIDEOTAPE EQUIPMENT

Camera and videotape equipment is strictly prohibited in the backstage area and/or dressing room area except when used by duly recognized press personnel and, in any event, these devices are strictly prohibited in the dressing room area.

## USEFUL INFORMATION

The electrical outlets are 220 volts.

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The Dinar is the Serbian currency. Hotels, restaurants and shops are not accepting any other currency, but you have many exchange offices. Hotels are accepting major credit card.

Serbian is the official languages although English is widely spoken. It is not necessary to speak Serbian. English is spoken in hotels, travel agencies, shops, etc.

## **FAILURE TO HONOR FINAL ENTRY FORM DEADLINE**

Deadlines are set to assist the Organizer with arranging accommodations, meals, onsite transportation and other Championship activities. A failure to respect these deadlines is a breach of *IFBB Rules*. The IFBB reserves the right to deny participation to any National Federation that does not respect the deadlines for submitting the Final Entry Form.

If a National Federation fails to respect the deadline written on the Final Entry Form, each "Official Participant" from that federation will be required to pay all of his or her own expenses, including accommodations, meals, onsite transportation, and access to the Prejudging, Finals and Farewell Banquet.

## **MISREPRESENTATION**

Misrepresentation is a serious breach of the *IFBB Code of Ethics* and occurs when an "official" of a National Federation deliberately misrepresents the number of Athletes and Delegates so as to obtain free-of-charge accommodations, meals, onsite transportation, access to the Prejudging, Finals and Farewell Banquet, and other amenities at the expense of the Organizer.

Part of this misrepresentation may be a false claim that a person is an Athlete only to have that so-called Athlete fail to officially register as a competitor at the Weigh-in or, once having officially registered, fail to compete.

Any National Federation found guilty of misrepresentation will be immediately disqualified from the Championships and will be fined an amount equal to the Special Package Rate for each person involved.

## **MEDICAL WITHDRAWAL**

Once officially registered, no Athlete may withdraw from competition without the prior approval of the IFBB Chief Judge. It is not acceptable for a National Federation to unilaterally withdraw an Athlete without the prior approval of the IFBB Chief Judge, who has the right to verify the reason for the withdrawal.

Any National Federation that fails to seek the prior approval of the IFBB Chief Judge before withdrawing an Athlete shall, for that Athlete's non-participation, be fined an amount equal to the Special Package Rate.

## **FAILURE TO COOPERATE**

Failure to cooperate with the Organizing Committee is contrary to the *IFBB Code of Ethics* and may result in disciplinary measures being taken by the IFBB against the offending National Federation.

## **PRELIMINARY & FINAL ENTRY FORMS**

The deadline date for the Preliminary Entry Form is **May 01, 2013**. National Federations must return the Preliminary Entry Form to the Organizing Committee as soon as possible but not later than deadline date, confirming your federation's intent to participate. If at this time you do not know the actual names of the Official Participants (Athletes and Delegates, including judges), please indicate the total number of individuals from your National Federation who will participate in the Championships.

The deadline date for the Final Entry Form is **June 03, 2013**. National Federations must submit the actual names of all Official Participants (Athletes by weight category and Delegates, including judges). You must also include flight arrival and departure information. In order to guarantee hotel accommodations for your team, the Final Entry Form must be returned

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not later than the deadline date. Your co-operation is essential to ensuring your accommodations at the hotel and adequate transportation for your team.

## **PRELIMINARY ENTRY FORM**

### **NOVI SAD - TENTATIVE SCHEDULE**

#### **Saturday, Jun 15. 2013**

12:00 – 17:00	Check-in point in the lobby of the official Hotel NOVI SAD (Check-in IFBB Executive Members, National Federations)
12:00	Press Conference
16:00 – 18:00	IFBB Executive Members Meeting
18:00 – 18:30	Judges / Team Managers Meeting
19:00 – 21:00	Registration
20:00 – 22:00	Dinner

#### **Sunday, Jun 16. 2013**

**(Venue site: SNP- NOVI SAD)**

07:00 – 09:00	Breakfast
10:00 – 14:00	Semifinals
14:00 – 16:00	Lunch (Hotel Novi Sad)
18:30	Finals
21:00	Farewell Banquet

#### **Monday Jun 17. 2013 not after 12.00 h**

(Official departure date for all National Delegations)

## **CONTACT INFORMATION**

**Preliminary and Final Entry Forms must be sent to the Organizer:**

#### **Serbian Federation of Bodybuilding, Body fitness, Fitness and Aerobic**

Mr. Goran Ivanovic  
PRESIDENT

Mrs. Biserka Sipka  
PRESIDENT of the Organizing Committee  
Rudjera Boskovic 34, 21000 Novi Sad, SERBIA

Dr. Zorana Sipka  
SECRETARY of the Organizing Committee  
Tel: +381 60 33 03 036

E-mail: [organisation.rs@gmail.com](mailto:organisation.rs@gmail.com)

Web: [www.ifbb.com](http://www.ifbb.com)

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Please copy all correspondence to:

**International Federation of Bodybuilding & Fitness (IFBB)**

Dr. Rafael Santonja

PRESIDENT

Tel: +34 91 535 2819

Fax: +34 91 535 0320

E-mail: [internacional@santonja.com](mailto:internacional@santonja.com)

Web: [www.ifbb.com](http://www.ifbb.com)

**VERY IMPORTANT NOTICE**

**It is the responsibility of the president or general-secretary of each participating National Federation to ensure that all National Team members (athletes, delegates, extra delegates) are fully aware of the rules and regulations governing participation at these Championships, to include the statements contained within this Inspection Report. If any of your athletes and/or delegates are travelling and arriving separate from your Team Manager or Chief Delegate, you must ensure they are familiar with the rules and regulations contained within the Inspection Report.**

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