

1<sup>ST</sup> INTERNATIONAL COMPETITION  
Baikal Grand Prix  
**INSPECTION REPORT**

**WELCOME**

The Baikal Grand Prix international competition is an invitational event, which will take place in Irkutsk, Russia, a city located on the shore of the unique Lake Baikal.

The event is devoted to celebrate the 15 anniversary of the Irkutsk Children's and Youth Sports School "Atlantes", the only school of this type not only in Russia, but in the whole World.

**PARTICIPATION**

Athletes, judges and officials will be officially invited by the Organizing Committee through their respective National Federations. The final list of invited competitors and officials will be verified and approved by the IFBB. Only officially invited athletes and officials will be eligible to participate in the contest. The number of participants, judges, representatives and guests is limited.

**CATEGORIES OPEN FOR COMPETITIONS**

The competition will be run according to the IFBB Rules and will include the following categories:

- Men's Bodybuilding - open
- Women's Fitness - open
- Women's Bikini-Fitness - open

**DATE AND PLACE**

Official arrival date is August 5<sup>th</sup>, 2016 (Friday).

Official departure date is August 8<sup>th</sup>, 2016 (Monday).

International Airport Irkutsk (IKT) is the official place of arrival. Invited National Teams will be welcome at the airport by the Organizing Committee representative and taken to the hotel.

The venue: Irkutsk Okhlopkov Academic Drama Theater  
14, Karl Marx Str., Irkutsk.

**ACCOMMODATION.**

The Organizing Committee offers financial compensation for the cost of flight Moscow -Irkutsk-Moscow (\$500 USD), as well as free-of-charge accommodation, meals, local transport, cultural program (dinner on the shore of Lake Baikal) during the contest days.

Official hotel: hotel "Angara", 7, Suhe- Bator Str., Irkutsk.

The cultural program of the event will be attended by the singer and composer Igor Saruhanov, film and theater actor Igor Lifanov and Alex Kravchenko.

Organizers will put efforts to make participants and guests of the event feel the famous Siberian hospitality.

**REGISTRATION**

Registration will be run at the "Angara" Hotel, 7, Suhe-Bator Str., Irkutsk, on Friday, August 5<sup>th</sup>, 2016, from 18.00 till 20.00.

Athletes will be asked to produce their Passports, IFBB International Cards, attires for all rounds and CD with music for their posing routines.  
There will be no Registration Fee at this contest.

## VISA

A valid Passport is required to enter the Russia Federation (passport must be valid for at least 6 months after intended departure date from Russia). Beside a couple of countries which have a visa-free entrance, other countries' citizens need to apply for entry visa. Please consult the Russian Embassy in your country to determine if you need a visa and what documents are needed for application. The Organizing Committee will help you to arrange the visas for all invited athletes and officials.

## CURRENCY

The national currency in Russian Federation is the Russian Ruble (RUB). The rate (as for January 2016) was:

1 EUR = 79.30 RUB. Check the current rate at the web.

1 USD = 72.00 RUB. Check the current rate at the web.

## TANNING NEEDS

The IFBB has banned all tans that can be wiped off. An official will check the tan of all athletes backstage and if the tan comes off by simply wiping, the athlete will be told to remove the tan before going on stage. Allowed tans are Jan Tana or Pro Tan. Jan Tana service will be offered at the backstage. Airbrush tan and glaze will cost 2500 RUB (~32 EUR)

## AWARDS

The total prize money is RUB 1 644 000 (over EUR 20 000).

Estimate of the tournament is very capacious, great attention is given to gifts, souvenirs and premium products.

In each open category:

Place	Bodybuilding	Women`s Fitness	Bikini-Fitness
1	150000 RUB	110000 RUB	138000 RUB
2	135000 RUB	83000 RUB	83000 RUB
3	110000 RUB	66000 RUB	66000 RUB
4	85000 RUB	50000 RUB	55000 RUB
5	70000 RUB	38000 RUB	45000 RUB
6	45000 RUB	28000 RUB	38000 RUB
7	38000 RUB	-----	33000 RUB
8	33000 RUB	-----	28000 RUB
9	33000 RUB	-----	28000 RUB
10	28000 RUB	-----	28000 RUB
<b>TOTAL</b>	<b>727 000 RUB</b>	<b>375 000 RUB</b>	<b>542 000 RUB</b>

## **POSING MUSIC**

Competitors must provide their POSING MUSIC during the registration. The music must be on CD. The athlete's name must be affixed on the CD for identification purposes. The use of profane, vulgar and/or offensive language is strictly prohibited.

## **JUDGES**

Judges working at this event will be invited by the Organizing Committee. The final list of judges will be approved by the IFBB Judges Committee Chairman Mr. Pawel Filleborn.

## **TIME DIFFERENCE:**

Irkutsk local time is UTC/GMT +8 hours (Moscow time +5 hours).

## **CLIMATE:**

During the month of August, the daily mean temperature is 15.9°C (60.6°F), with average rainy days 17, average humidity 78% and mean monthly sunshine hours 218.

## **ELECTRIC CURRENT**

The electric outlets are 220 V, 50 Hz. Socket / plug of type C with two round prongs, popularly known as the europlug and used in all continental Europe countries.

## **CONTACT INFORMATION**

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## **TENTATIVE SCHEDULE OF ACTIVITIES**

FRIDAY, August 5<sup>th</sup>, 2016 (Official arrival date for all participants):

17:00 – Technical / Judges Meeting  
18:00 – 20:00 - Registration  
20:00 – 21:00 - Dinner

SATURDAY, August 6<sup>th</sup>, 2016:

08:00 – 09:00 - Breakfast  
13:30 – 14:30 - Lunch  
16:00 – 20:00 - Prejudging  
21:00 – Dinner

SUNDAY, August 7<sup>th</sup>, 2016:

08:00 – 09:00 - Breakfast  
10:00 – 13:00 - Official Opening of the Competition, Finals  
13:30 – 14:30 - Lunch  
20:00 – 23:00 - Farewell Banquet

MONDAY, August 8<sup>th</sup>, 2016 (Official departure date for all participants):

07:00 – 09:00 - Breakfast  
Departures