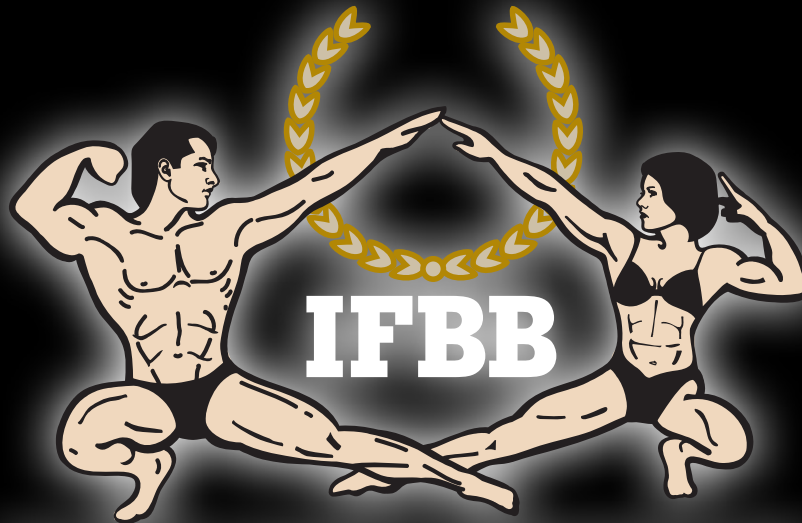


# 71<sup>st</sup> IFBB Men's World Amateur Bodybuilding Championships & 12<sup>th</sup> World Amateur Classic Bodybuilding Championships and IFBB International Congress



INTERNATIONAL FEDERATION OF BODYBUILDING & FITNESS



November 2<sup>nd</sup> to 6<sup>th</sup>, 2017  
Benidorm, Alicante, Spain

INSPECTION REPORT

# Welcome

The Organizing Committee of the International Bodybuilding & Fitness Federation (IFBB) and Spanish Bodybuilding & Fitness Federation (FEFF), take this opportunity to welcome all IFBB-affiliated National Federations of the world to participate in the 71th IFBB Men's World Amateur Bodybuilding Championships, 12th World Classic Bodybuilding Championships and International Congress in Benidorm, Alicante, Spain, Thursday 2<sup>nd</sup> to Monday 6<sup>th</sup> of November 2017.

## About Benidorm

**Benidorm**, is a coastal town in the Alicante Province, Spain, on the Western Mediterranean.

Until the 1960s, Benidorm was a small fishing village; today it is known for its hotel industry, beaches and skyscrapers. Nowadays, is one of the most popular touristic destinations in the Mediterranean. Benidorm has the most high-rise buildings per capita in the world.

**HISTORY**, It is believed there were settlements in the Benidorm area possibly as

Far back as 3000 BC, including evidence of Roman and Punic remains. However, settlements in the area were small and it was not until the arrival of the Moors (from whom the town derived its Arabic origin name) that the local population began to grow. The Christian King James I of Aragon reconquered the region in 1245 and Benidorm first officially became known in 1325, when Admiral Bernat de Sarrià of Polop awarded it a town charter as a way of removing the Moors and allowing Christians to inhabit the area. Benidorm's history for the next few centuries was plagued by attacks from the sea by Ottoman and Barbary pirates.





# Geography



The town is divided into five parts, Poniente (Ponent or 'sun setting') and Levante (Llevant or 'sun rising'), each fronted by a beach of the same name, the old town (also called El Castell), La Cala situated to the west side of Poniente and El Rincón de Loix (or El Racó de l'Oix) situated to the east side of Levante. Between the two

beaches lies a rocky promontory and the port. The old city occupies the promontory and the area immediately inland, while most of the hotels occupy the more recently developed sections inland from the two beaches. A few miles from shore is an uninhabited island which provides a dramatic centrepiece to the seascape.

## Tourism

Benidorm is popular with tourists from the UK, Ireland, Germany, Belgium and the Netherlands. Benidorm's initial growth in popularity can be attributed to the package holiday explosion, and continues year round, due to the night-life based around the central concentration of bars and clubs. The large number of free cabaret acts that start around 9:00 and continue into the early hours set Benidorm apart from other similar cities.

The town is now very popular with families. Also, more and more elderly people from Northern Europe decide to stay here during the winter. This made 'Benidorm' into something of a synonym for elderly people in those countries, as can be

seen in the Flemish candid camera programme Benidorm Bastards (due to appear in the US as Betty White's Off Their Rockers)

**BENIDORM HAS THREE MAJOR BEACHES:** Playa de Levante (val. Platja de Llevant), Playa de Poniente (val. Platja de Ponent) and Playa de Mal Pas (val. Platja del Mal Pas) ; all of them have a blue flag since 1987, the maximum quality standard recognized by the European Union. The Gran Hotel Bali, a four-star hotel located in this city since 2002, is a 186-metre-tall building which stood as the tallest skyscraper in Spain for five years, until it was surpassed by the CTBA towers in Madrid, it is however the tallest hotel in Europe.



# Competition venue

## BENIDORM PALACE

The competition venue, Benidorm Palace, is located at: Av. Dr. Severo Ochoa, 13, 03503 Benidorm, Alicante, Spain.

The venue offers businesses and institutions a distinguished room for professional events and business organizations.

Services available for costumers and business.

**Capacity:** 1.660 people with total visibility from anywhere. Optimum capacity for congress organization, banquets, conventions, presentations and enterprise meetings.

**Parking:** 500 car parking, 12 parking and access for buses.

**Facilities:** Maximum for road traffic to enter in the complex.

**Security:** Emergency plan and fire prevention. Totally adapted fireproof materials.

**Air conditioning:** Air conditioned cold and hot.

**Technical and scene:** 1,500 lighting channels, 15,000 watts sound power, 52 sound channels, 250,000 watts lighting, LCD projection with 4.700 LUX, animated laser show, motorized stairways aside as well as in scene opening. Mobile central track and foldaway above and hydraulic elevator.

**Other services:** Coat room, telephone, photographer, taxi.



# Official hotel

The hotel for athletes, judges and delegates is:

## DELOIX AQUA CENTER

(Registration hotel and IFBB welcome office)

Address: Av. Dr. Severo Ochoa, 34,  
03503, Benidorm, Alicante.

# EX.CO. official hotel

The IFBB Executive Council, is:

## MELIA BENIDORM

Address: Avenida Severo Ochoa, 1,  
03500 Benidorm, Alicante.



# IFBB international congress

## BENIDORM PALACE

Benidorm Palace, has the ideal facilities and the appropriate atmosphere for the organization of professional events. Benidorm Palace has been chosen to host the IFBB International Congress due to its good reputation since the successful organization of events over the years. Such reputation makes it the perfect place to host the IFBB International Congress.



## Airport

The official arrival airport is the Alicante International Airport (ALC). The Organizing Committee will pick you up at the airport on the Official Arrival Day (Thursday) and drive you to the official hotel and back to the Alicante Airport on the official Departure Day (Monday) for EUR €40 per person (EUR €20 each way per person). On November 2<sup>nd</sup> buses will leave from the airport to the hotel every hour (0:00) from 8:00 till the last flight arrival.

It is very important that every National Federation provides to the Organizing Committee the complete information on its team, including the number of persons and the arrival/departure details in time.

Your cooperation is essential to ensure adequate transportation for your team.

**Early arrivals & late departures: any National Federation, including any of its individual team members, arriving before the official arrival date of November 2nd and/or staying after the official departure date of November 6th, 2017 will be responsible for all of their expenses, including arranging their own transportation between the airport and the hotel. You must notify the Organizing Committee of any early arrivals.**

## Flight reconfirmation

To reconfirm your flight from Alicante to your country, please contact the secretariat within 24 hours before your departure.

# Accommodations

The Organizing Committee will provide free-of-charge accommodation for four (4) nights and three (3) meals per day for all official participants (athletes & delegates) from National Federations according to the following IFBB rules:

- Three or more competitors: two delegates permitted.
- Two or less competitors: only one delegate is permitted.

National Federations with no competitors may send one (1) delegate who will be responsible for all of his or her own expenses.

The term "Official Participant" means: 1) an Athlete who is duly authorized by his National Federation and who is registered by the IFBB to compete in the Championships, and 2) a Delegate who is duly authorized by his National Federation and who is registered by the IFBB to participate in the Championships pursuant to the IFBB Rules.

*Official arrival date is November 2<sup>nd</sup>, 2017 (Thursday) and the official departure date is November 6<sup>th</sup>, 2017 (Monday).*

*IFBB Executive Council Members: official arrival date is November 1<sup>st</sup>, 2017 (Wednesday) and the official departure date is November 6<sup>th</sup>, 2017 (Monday).*

## IMPORTANT NOTICE

**All National Team Official Participants (athletes and delegates) must check in BEFORE the start of the Technical Meeting. Any Official Participant not checked in by this deadline will be classified as an extra delegate and will be responsible for all his/her expenses.**

**Any judge, coach, or trainer who is not an Official Participant will be responsible for all his expenses. If your National Federation wishes to bring a judge, a coach or a trainer, it is recommended that your Federation nominate this individual to be an Official participant for your Federation; otherwise, these individuals will be responsible for all their own expenses. The same rule applies for family members.**

**NO EXCEPTIONS WILL BE MADE UNDER ANY CIRCUMSTANCES.**

## Hotel security deposit

A hotel security deposit of EUR €100 per person is required upon check-in for incidental and personal expenses that may arise (telephone, mini-bar, laundry, etc.). The unused portion of this deposit will be refunded at check-out in the same currency as remitted.

In order to facilitate matters, the chief delegate or team leader will be asked to provide a credit card or cash to cover the deposit for the entire team. This individual will be fully responsible for all expenses incurred by any member of his/her team.



# Important notice

You must pay the Hotel Security Deposit and IFBB Registration Fee BEFORE your team members are provided accommodations. If any of your athletes or delegates arrives to Benidorm without their Team Manager or Chief Delegate, that athlete or delegate must pay the Hotel Security Deposit and the IFBB Registration Fee BEFORE a room can be assigned.

## Special packages rates for extra delegates, supporters, media & others

The Organizing Committee has established a full special package rate, which includes four (4) nights' accommodation, with three (3) meals per day (breakfast, lunch & dinner), tickets to the prejudging & finals, tickets to the farewell banquet and onsite transportation at a special cost.

- For single room EUR €600
- For double room EUR €400 per person

## Participation

The IFBB World Bodybuilding Championships are open to all IFBB-affiliated National Federations worldwide. Competitors must be current members of their IFBB-affiliated National Federation at the time of competition to be eligible.

Each National Federation may enter not more than 4 (four) competitors in each single category. Competitors will not be allocated to A or B Teams. It means that the maximum allowable number of competitors per National Federation is 84 (21 categories x 4 = 84).

Registration of international athletes will only be considered if they are nominated by their IFBB-affiliated National Federation. Entry Forms will only be considered if they are e-mailed by the National Federation of the athlete to:

- Organizing Committee office at: [secretaria@ifbb-spain.com](mailto:secretaria@ifbb-spain.com)
- IFBB Head Office at: [info@ifbb.com](mailto:info@ifbb.com)
- IFBB Technical Committee at: [amichalak5@gmail.com](mailto:amichalak5@gmail.com)

The deadline for submitting the Final Entry Forms is October 17<sup>th</sup>, 2017.

The final decision to allow an athlete to compete in this event rests with the IFBB.

# IFBB registration and accommodation

Registration will take place in the Hotel Deloix Aqua Center, Av. Dr. Severo Ochoa, 34, 03503, Benidorm, Alicante, Thursday, November 2<sup>nd</sup> from 10:00 till 20:00 h.

## IFBB registration fees

Each Athlete and Official Delegate must pay the IFBB registration fee of **EUR €375**. (Three or more competitors: two Official Delegates allowed. Two competitors or less: only one Official Delegate is allowed). The IFBB registration fee is completely separate from the hotel security deposit. Athletes who have not yet obtained the IFBB International Card or need to renew his Card will have to pay **EUR €405**, which includes the International Card (**EUR €30**) and the **registration fee (EUR €375)**.

## Payment of the IFBB registration fee and IFBB international card

**!!! THE REGISTRATION FEE AND PACKAGES SHOULD BE PAID BEFOREHAND ONLINE**  
[www.ifbb.com/registration](http://www.ifbb.com/registration)

**!!!! IF YOU HAVE NOT PAID BEFORE THE CHAMPIONSHIPS, AND YOU PAY THE REGISTRATION FEE AT ARRIVAL, THE REGISTRATION FEE WILL BE €50 PER PERSON MORE.**

### **PLEASE NOTE!!!**

When paying in cash at arrival in the hotel, **ONE official delegate per National Federation** will have to take the responsibility for payment of the IFBB Registration Fee and IFBB International Card (Blue Book) for the entire team.

No individual payments will be taken. Please have the right amount with you.



DISCIPLINE		CATEGORY	NATIONAL TEAM
1	Men Bodybuilding	Up to & incl. 65 Kg	No more than 4 per category
2	Men Bodybuilding	Up to & incl. 70 Kg	
3	Men Bodybuilding	Up to & incl. 75 Kg	
4	Men Bodybuilding	Up to & incl. 80 Kg	
5	Men Bodybuilding	Up to & incl. 90 Kg	
6	Men Bodybuilding	Up to & incl. 100 Kg	
7	Men Bodybuilding	Over 100 Kg	
8	Men Classic Bodybuilding	Up to & incl. 168 cm	No more than 4 per category
9	Men Classic Bodybuilding	Up to & incl. 171 cm	
10	Men Classic Bodybuilding	Up to & incl. 175 cm	
11	Men Classic Bodybuilding	Up to & incl. 180 cm	
12	Men Classic Bodybuilding	Over 180 cm (See notes bellow)	
13	Men Games Classic Bodybuilding*	Up to & incl. 175 cm	No more than 4 per category
14	Men Games Classic Bodybuilding*	Over 175 cm	
15	Men's Physique	Up to & incl. 170 cm	No more than 4 per category
16	Men's Physique	Up to & incl. 173 cm	
17	Men's Physique	Up to & incl. 176 cm	
18	Men's Physique	Up to & incl. 179 cm	
19	Men's Physique	Up to & incl. 182 cm	
20	Men's Physique	Over 182 cm	
21	Muscular Men's Physique	One open category	

#### HEIGHT / WEIGHT LIMITS FOR MEN'S CLASSIC BODYBUILDING COMPETITORS

HEIGHT	BODYWEIGHT LIMIT (kg.)
Up to & incl. 168 cm	[Athlete's height (in cm) minus 100] + 0 kg
Up to & incl. 171 cm	[Athlete's height (in cm) minus 100] + 2 kg
Up to & incl. 175 cm	[Athlete's height (in cm) minus 100] + 4 kg
Up to & incl. 180 cm	[Athlete's height (in cm) minus 100] + 6 kg
Up to & incl. 190 cm	[Athlete's height (in cm) minus 100] + 8 kg
Up to & incl. 198 cm	[Athlete's height (in cm) minus 100] + 9 kg
Over 198 cm	[Athlete's height (in cm) minus 100] + 10 kg

Example 1: If an athlete is 165 cm tall, his weight should be bellow and NOT MORE that 65 kg ( $165 - 100 = 65$  kg)

Example 2: If an athlete is 170,5 cm tall, his weight should be bellow and NOT MORE than 72,5 kg ( $170,5 - 100$ ) plus 2 kg = 72,5 kg

#### HEIGHT / WEIGHT LIMITS FOR MEN'S GAMES CLASSIC BODYBUILDING COMPETITORS

HEIGHT	BODYWEIGHT LIMIT (kg.)
Up to & incl. 162 cm	[Athlete's height (in cm) minus 100] - 2 kg
Up to & incl. 165 cm	[Athlete's height (in cm) minus 100] - 1 kg
Up to & incl. 168 cm	[Athlete's height (in cm) minus 100] + 0 kg
Up to & incl. 171 cm	[Athlete's height (in cm) minus 100] + 1 kg
Up to & incl. 175 cm	[Athlete's height (in cm) minus 100] + 2 kg
Up to & incl. 180 cm	[Athlete's height (in cm) minus 100] + 3 kg
Up to & incl. 188 cm	[Athlete's height (in cm) minus 100] + 4 kg
Up to & incl. 196 cm	[Athlete's height (in cm) minus 100] + 5 kg
Over 196 cm	[Athlete's height (in cm) minus 100] + 6 kg

Example 1: If an athlete is 162 cm tall, his weight should be bellow and NOT MORE than 60 kg ( $162 - 100$ ) minus 2 kg is **60 kg = Max. Weight**

Example 2: If an athlete is 180 cm tall, his weight should be bellow and NOT MORE than 83 kg ( $180 - 100$ ) plus 3 kg is **83 kg = Max. Weight**

# National Teams

- a) National Federations will be permitted to enter a maximum of eight four (84) competitors but no more than four (4) athletes in the same category.
- b) National Federation shall pay the IFBB Registration Fee of EUR €375 for each competitor and delegate. The Organizer will provide accommodation, meals, onsite transportation between hotel and venue and access to the Prejudging, Finals and Farewell Banquet to all competitors and delegates.
- c) All competitors shall compete for placing and awards, including the Best Team award.

## The best teams classification

At the **World Bodybuilding Championships**, the results of the following competitors from each National Team will be taken into consideration to calculate the total points of each team:

1. Men Bodybuilding - top 5
2. Men Classic Bodybuilding - top 3
3. Games Classic Bodybuilding - top 2
4. Men's Physique - top 4
5. Muscular Men's Physique - top 1

Points awarded to National Federation for individual places won by its top competitors:

IFBB WORLD & CONTINENTAL CHAMPIONSHIPS	
Place	Points
1 <sup>st</sup>	16
2 <sup>nd</sup>	12
3 <sup>rd</sup>	9
4 <sup>th</sup>	7
5 <sup>th</sup>	6
6 <sup>th</sup>	5
7 <sup>th</sup>	4
8 <sup>th</sup>	3
9 <sup>th</sup>	2
10 <sup>th</sup>	1

## Team managers & Judges meeting

There will be a Team Managers and Judges Meeting prior to the **official athlete registration (weigh-in) on Friday, November 3<sup>rd</sup> at 15:00 hrs.** All Judges and Delegates will be obliged to attend this meeting.



# Secretariat

The Organizing Committee will run a Secretariat at the official hotel from **Wednesday, November 1<sup>st</sup>, until Monday, November 6th, from 08:00 till 20:00 (on Monday till 11:00)**. You may obtain information and assistance from the Secretariat.

# Parade of nations

The mandatory dress code for all delegates participating in the Parade of Nations (one delegate per country) will be IFBB attire, black dress shoes, grey dress pants with shirt, IFBB tie and blue blazer with the IFBB crest. No delegates will be permitted in the Parade of Nations wearing sports clothes and sports shoes.

# Camera/video tape equipment

Cameras and/or video tape equipment shall be strictly prohibited in the backstage and/or dressing room areas except when used by the IFBB authorized media person and, in any event, these devices shall be strictly prohibited in the dressing room area.

# Posing music

All posing music must be on an audio CD only. The posing music must also be at the start of the CD. Each competitor must affix his name on the CD for easy identification.

**IMPORTANT: THE USE OF PROFANE, VULGAR AND/OR OFFENSIVE LANGUAGE IS STRICTLY PROHIBITED IN POSING MUSIC.**

# Tanning needs

Pro Tan® is the Official Contest Preparation and Tanning company for the IFBB Men's World Championships in Benidorm, Spain.

Athletes can book their tan here: <https://protanusa.com/product/world-championships-2017/>

# Green cards

Green cards are used to limit access to the weigh-in and backstage area during the prejudging & finals. They will be distributed at the judges/team managers meetings as follows:

- Five (5) or more athletes – two (2) green cards.
- Less than (5) athletes – one (1) green card.

# Judges

To be taken into consideration during selection of judges panels at the Championships, IFBB International Judges (also test judges) must be included in the Final Entry Forms sent by National Federations, according to the IFBB Rules. For more information, please contact Mr. Pawel Filleborn, Chairman of the IFBB Judges Committee, under address: [pawelfilleborn@gmail.com](mailto:pawelfilleborn@gmail.com)  
All IFBB international judges must bring their International Judge's Cards to Benidorm.

IFBB International Judges must have a valid IFBB Judge's Card with the IFBB yearly judges fee of EUR €50 paid for 2017. This fee may also be paid at the Championships in Benidorm.

# Doping control

Doping control will be conducted by the IFBB Anti-Doping Commission pursuant to the IFBB Anti-Doping rules, using a WADA accredited laboratory. In order to compete in the championships, all competitors at the weigh-in and registration will be required to sign a Drug Testing Consent & Waiver of Liability Form. Doping control may be conducted using any of the following methods:

Random Selection: A number of athletes selected at random throughout the event e.g. at weigh-in.

Weighted Selection: A number of athletes selected at random from among the top finalists e.g. at finals.

The IFBB reserves the rights to target test any athlete.

The IFBB is a signatory to the WADA Code. Participating National Federations have a duty and an obligation to ensure that their national team athletes are competing drug-free at IFBB international competitions.

# Visas

A valid passport is required to enter Spain (Schengen Zone). Citizens of 55 countries don't need a visa coming for a short period (up to 90 days). Detailed information at:

[https://en.wikipedia.org/wiki/Visa\\_policy\\_of\\_the\\_Schengen\\_Area](https://en.wikipedia.org/wiki/Visa_policy_of_the_Schengen_Area)

Please contact the Spanish Embassy in your country to determine if you need a visa.

It is National Federations responsibility to obtain an entry visa for the country organizing the championship. All National Federations could ask for an Invitation letter either to the Championship Organizer or IFBB. The invitation letter does not mean you are granted your visa. IFBB and Championship organizer are not responsible of attendants visas.

To receive invitation letter, the applicant should forward the following information to the IFBB or Championship organizer:

- A copy of passport
- Where the attendant will have his or her accommodation

If the visa is not granted, the Cancellation Policies for the championship will still apply

An athlete, who requested and received an invitation from the IFBB Head Office or the Organizing Committee of an IFBB sanctioned event for visa purposes and used this visa to unlawful stay in the host country or any other country, will be subjected to the disciplinary proceedings and measures.



# Currency

The official currency in Spain is Euro (EUR). Approx EUR €1,00 = USD \$1,12 (May 2017). Current rates at: <http://www.xe.com/currencyconverter/>

# Credit cards

International credit cards such as Visa, MasterCard and American Express are widely accepted at most major hotels, stores & restaurants. You may be requested to show your passport.

# Time difference

GMT / UTC +1.

# Climate

In November, the average daily temperature is 16°C.

# Electrical current

220 Volts, 50 Hz, socket / plug of type C, plug with two round prongs. Detailed info at: <http://www.worldstandards.eu/electricity/plugs-and-sockets/>

# Language

The official language is Spanish.

# Media accreditation

All media accreditation, except local media, shall be controlled by the IFBB. All persons wishing to obtain media accreditation for this event must register with the IFBB by completing and signing an IFBB Media Accreditation Form not later than October 23<sup>rd</sup>, 2017. You may contact the IFBB Press Commission to obtain this form: [amichalak5@gmail.com](mailto:amichalak5@gmail.com)

# Attendance at the IFBB international congress

It is the duty and responsibility of each National Federation to ensure that it is represented at the IFBB International Congress meeting. All National Federations officially participating in the championships must also attend the Congress, including National Federations with athletes and no delegates. In this case the athlete must attend and represent his country at the Congress. The congress will be held at: **BENIDORM PALACE on Friday, November 3<sup>rd</sup>, 2017 at 08:30 h.**

## Athletes without delegates

All athletes competing in the IFBB World Championships must be members in good standing of their National Federations. Any athlete who arrives without a delegate must be nominated by his National Federation by sending the Final Entry Form, failing which the athlete will not be allowed to participate.

## Misrepresentation

Misrepresentation is a serious breach of the **IFBB CODE OF ETHICS** and occurs when an "official" of a National Federation deliberately misrepresents the number of athletes and delegates so as to obtain free of charge accommodations, meals, onsite transportation, access to the prejudging, finals, and farewell banquet, and other amenities at the expense of the Organizer. Part of this misrepresentation may be a false claim that a person is an athlete only to have that so-called athlete fail to officially register as a competitor at the weigh-in or, once having officially registered, fail to compete. Any National Federation found guilty of misrepresentation will be immediately disqualified from the championships and will be fined an amount equal to the Special Package Rate for each person involved.

## Medical Withdrawal

Once officially registered, no athlete may withdraw from competition without the prior approval of the IFBB Chief Judge. It is not accepted for a national federation to unilaterally withdraw an athlete without prior approval of the IFBB chief judge, who has the right to verify the reason for the withdrawal.

## Preliminary Entry Form (PEF)

The deadline for sending the Preliminary Entry Form (available in the Appendix) is August 2<sup>nd</sup>, 2017. National Federations must return the Preliminary Entry Form to the Organizing Committee as soon as possible but not later than deadline, confirming your federation's intent to participate. If at this time you do not know the actual names of the Official Participants (athletes and delegates, including judges), please indicate the total number of individuals from your National Federation who will participate in the Championships.



# Final Entry Form (FEF)

The deadline for sending the Final Entry Form is Tuesday, October 17<sup>th</sup>, 2017. National Federations must submit the actual names of all Official Participants (athletes by discipline and category, delegates, including judges). You must also include arrival and departure information. In order to guarantee hotel accommodations for your team, the Final Entry Form must be returned not later than the deadline. Your cooperation is essential to ensuring your accommodations at the hotel and adequate transportation for your team.

***IF THE FINAL ENTRY FORM RETURNS TO THE ORGANIZING COMMITTEE AFTER OCTOBER 17<sup>th</sup>, 2017, THEN THIS NATIONAL FEDERATION WILL HAVE TO PAY THE FULL PACKAGE IN A DOUBLE ROOM OR IN A SINGLE ROOM FOR EACH MEMBER OF ITS NATIONAL TEAM (ATHLETES AND DELEGATES).***

## **CORRESPONDENCE AND ENTRY FORMS SENDING DETAILS**

**PLEASE SEND YOUR ENTRY FORM TO:**

**Spanish Bodybuilding and Fitness Federation  
Co-Organizing Committee  
Address: c/ Esglesia 357 3º 2ª – Calella – Barcelona - Spain  
Phone: +34 766 41 44  
Email: [secretaria@ifbb-spain.com](mailto:secretaria@ifbb-spain.com)  
Website: [www.ifbbspain.com](http://www.ifbbspain.com)  
Mr. José Tomás Ramos Muñoz, President**

**COPY ALL CORRESPONDENCE TO:**

**IFBB Head Office - Madrid, Spain  
Ms. Diana Mozos  
Phone: +34 91 535 2819  
E-mail: [info@ifbb.com](mailto:info@ifbb.com)**

**And: IFBB Technical Committee  
Eng. Andrew Michalak**

**It is the responsibility of the President or general-secretary of each participating National Federation to ensure that all National Team members (athletes, delegates, extra delegates) are fully aware of the rules and regulations governing participation at these Championships, to include the statements contained within this Inspection Report. If any of your athletes and/or delegates are travelling and arriving separate from your Team Manager or Chief Delegate, you must ensure they are familiar with the rules and regulations contained within the Inspection Report.**

**WEDNESDAY, NOVEMBER 1<sup>st</sup>, 2017**

<b>09:00 – 17:00</b>	Arrivals of IFBB Executive Council Members	Hotel Melia Benidorm
<b>13:00</b>	Lunch	Hotel Melia Benidorm
<b>20:30</b>	Welcome dinner for the IFBB Executive Council Members	Hotel Melia Benidorm

**THURSDAY, NOVEMBER 2<sup>nd</sup>, 2017**

<b>09:00 – 19:00</b>	Arrivals of IFBB National Delegations, <b>CHECK-IN</b>	At Hotel Deloix Aqua Center
<b>13:30 – 15:30</b>	Lunch	At the corresponding host hotel
<b>16:00</b>	IFBB Executive Council Meeting. (Only Executive Members)	Hotel Melia Benidorm
<b>19:00 – 22:00</b>	Dinner	At the corresponding host hotel

**FRIDAY, NOVEMBER 3<sup>rd</sup>, 2017**

<b>07:30 – 10:30</b>	Breakfast	At the corresponding host hotel
<b>08:30</b>	IFBB International Congress <i>Please notice that the IFBB Congress will take place on Friday morning.</i>	BENIDORM PALACE
<b>13:00 – 15:00</b>	Lunch	At the corresponding host hotel
<b>15:00</b>	Team Managers and Judges Meeting	Hotel Deloix Aqua Center
<b>16:00 – 21:00</b>	Official Athlete Registration and Weigh-in. <i>Each competitor must provide his PASSPORT, IFBB INTERNATIONAL CARD and MUSIC at Registration.</i>	Hotel Deloix Aqua Center
<b>19:00 – 22:00</b>	Dinner	At the corresponding host hotel

**SATURDAY, NOVEMBER 4<sup>th</sup>, 2017**

09:00 hrs – Benidorm Palace  
 Games Classic Bodybuilding, Classic Bodybuilding  
 Bodybuilding 65 kg, 70 kg and 80 kg  
 Eliminations  
 Semifinals  
 Finals

**SUNDAY, NOVEMBER 5<sup>th</sup>, 2017**

09:00 hrs – Benidorm Palace  
 Bodybuilding 90 kg, 100 kg and +100 kg,  
 Men's Physique, Muscular Men's Physique  
 Eliminations  
 Semifinals

**MONDAY, NOVEMBER 6<sup>th</sup>, 2017**

<b>07:30 – 10:30</b>	Breakfast	At the corresponding host hotel
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**DEPARTURES**